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Volume 6, Number 4 February 23-March 8, 1991

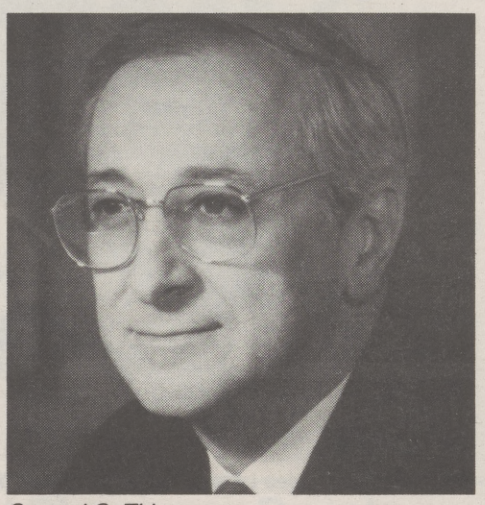
UCSF Newsbreak

Founders Day Celebration Begins March 20

This year's campus Founders Day will have something for everyone, from the dedication of our new UCSF Library to the Faculty Research Lecture by Henry Bourne, the UCSF Medal Banquet to a Staff Luncheon, the Second Annual Black & White Gala to GSA's research contest.

The festivities begin on Wednesday, March 20, with our Founders Day Lecturer Samuel O. Thier, president of the Institute of Medicine, National Academy of Sciences. He will discuss "The Future of Health Sciences" at 2 p.m. in Cole Hall.

Past Sterling Professor and former chair of the Department of Internal Medicine at Yale's School of Medicine, Thier was vice chair and professor of medicine at the University of Pennsylvania School of Medicine prior to his Yale appointments. He has served as president of the American Federation of Clinical Research, chair of the American Board of Internal Medicine, is a master of the American College of Physicians, and a fellow of the American Academy of Arts & Sciences.



Samuel O. Thier

Champion Studio

Eugene E. Trefethen, Jr.

Clark Kerr

Library Dedication

Our new library will be formally dedicated immediately following Thier's lecture, at approximately 3:15 p.m. at the main entrance to the building.

UCSF Medal Dinner

The evening of March 20 at the UCSF Founders Day Banquet, Thier will join two other prominent figures—UC President Emeritus Clark Kerr and Bay Area business executive Eugene E. Trefethen, Jr.—to receive the UCSF Medal, the highest honor the campus bestows.

Trefethen is the proprietor of the vineyards in Napa bearing his name and honorary director and vice chair emeritus of the Kaiser Foundation Health Plan. At UCSF, Trefethen has served as a trustee of the UCSF Foundation since 1982 and a member of the UCSF Library Campaign Committee. He and his wife, Katie, have been Life Members of the Chancellor's Associates since 1988.

A 1930 graduate of UC Berkeley, Trefethen received "The Berkeley Medal" in 1989 for his lifetime of service and devotion to his alma mater.

After serving as the first chancellor of UC Berkeley from 1952 to 1958, Clark Kerr became UC's president and over the years expanded the UC system and transformed American higher education. In 1960 Kerr helped develop the California Master Plan, which established three sectors (two-year college, four-year college, and research universities) and gave all students access to higher education.

After being released from the UC presidency in 1967 during Ronald Reagan's first month as governor, Kerr served as chair of the Carnegie Commission on Higher Education, and later the Carnegie Council on Policy Studies in Higher Education. During his distinguished career, he has served in various positions during six US presidential administrations.

(continued page 2)

Paul Fusco

Our New Library . . . A Breath of Fresh Air?

The largest health sciences library on the West Coast will be dedicated during UCSF's Founders Day celebration on Wednesday, March 20. It is none other than our own terraced, 120,000 square feet of internal and external beauty, sitting right here on Parnassus—the new UCSF Library.

It has panoramic views, five floors filled with comfortable reading areas, study seating for more than 900 and boasts over 700,000 volumes of health/science books, not to mention a computerized card catalogue system. It really is a work of art and a great achievement.

But, is it safe?

Architecturally it's as sound as it can be. But, what about the air quality?

Most of us have heard a few horror stories about "Sick Building Syndrome." It has to do with those modern, institutional structures that look great on the outside, but once you spend a few precious hours or days inside, you feel a little . . . well, poisoned.

So, how does our new library building fare? Can we breath fresh air, and therefore a sigh of relief, while browsing the floors of our new 530 Parnassus structure?

"First of all," explains Mohamade Sheykhzadeh of the Office of Environmental Health & Safety, "there is a difference between what is called a 'Sick Building Syndrome' and

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Budget Will Cause Widespread Pain

At a meeting of the UC Board of Regents last Thursday, UC administrators described the actions to save $295 million in state operating funds as "painful," but necessary to preserve the quality of the institution.

"We have made every effort to avoid placing an undue burden on any single group. The magnitude of the problem means that we cannot avoid widespread pain throughout the University," said Senior Vice President William Frazer speaking on behalf of President David Gardner, who was unable to attend the meeting.

Actions proposed by the administration and endorsed by the Regents, include:

- Reduce purchases of instruction equipment by $15 million
- Reduce deferred maintenance and special repair programs by $8.5 million
- Reduce UC's workforce by some 1,000 staff employees, through early retirement, attrition and layoffs, to save $40 million
- Defer academic salary merit increases by six months to save $11.8 million
- Reduce enrollments by 5,500 students to save $35 million
- Save $500,000 through a slowdown of the site evaluation process of the proposed 10th UC campus
- Raise annual student fees for California residents by $325, in addition to the $325 increase in the Governor's budget, to generate another $40.5 million. This will take effect with the 1991-92 academic year and raise total fees for resident undergraduate students to $2,470 a year and $2,756 for resident graduate students. Fees for nonresident students will be increased $1,282, bringing their tuition to $7,699 a year.

Our Disaster Plan — Where Do We Stand?

Since the October 1989 earthquake, the campus has been taking steps to ensure the safety of its employees, patients, visitors and students. This includes developing a much improved campus-wide disaster plan.

As a patient care facility, our Medical Center has had a plan for years, but the overall campus has been in need of a more comprehensive one. Soon after the '89 quake, a campus committee called the Chancellor's Emergency Preparedness Committee (EPC) was formed, chaired by Brent Stevenson, vice chancellor—business & fiscal services. "It was clear from the beginning that there were lots of issues we needed to look at which related to emergency preparedness," he says.

The campus hired the consulting firm of VSP Associates out of Sacramento to help with the process. VSP's Barbara Foster was appointed to head the UCSF project. "First we had to put together an interim plan for the campus, which is pretty much a beefed-up version of a plan the campus already had," says Foster. "It gave UCSF something more functional to implement should a disaster occur while the larger, final plan is being developed."

The interim plan calls for a main EOC or Emergency Operations Center manned by 13 of our top administrators. Each of the 13 positions also has at least two key staff members identified who would serve as alternates or back-ups. At the time of a disaster, the Chancellor, or a designated alternate, would decide where the EOC would be located. "It's possible it would be at the same location as the Medical Center's Disaster Control Center, but that would be determined by the Chancellor on a case by case basis," says Marvin Shepherd, Environmental Health & Safety program manager who is instrumental in developing the new campus-wide plan.

At this point, the interim plan, which includes activation and notification procedures, is the one UCSF would use if there were an emergency now. Only a limited number of these interim plans have been distributed because the committee now is working with VSP to

(continued page 3)

(Left to right) Alan Gelb, SFGH Base Station coordinator Madeline Daley and Ron Dieckmann

SFGH Base Hospital Wins High Praise

San Francisco's paramedic Base Hospital at SFGH received superlative evaluations in a recent site survey conducted by the city's Emergency Medical Services Agency and two state EMS commissioners. "This is the first time an EMS agency specifically surveyed the performance of a base hospital in this state," says Ronald Dieckmann, associate clinical professor and Base Hospital Medical Director.

The survey news was particularly good because the Base Hospital received intense scrutiny several years ago when members of the medical community, including the SF Paramedic Association, disclosed that while the SFGH Base facility was the busiest in California, staffing levels were significantly below most other urban prehospital systems. A long battle for enhanced city funding ensued, which two years ago resulted in increased Base Hospital nursing and physician support.

Steve Hoffman, assistant clinical professor of medicine, is acting director of the Base Hospital, which currently is staffed 24 hours a day by 32 mobile intensive care nurses. Physicians, who participate as consultants and radio medical directors, are members of the attending staff in the Department of Emergency Services.

"We have rapidly become a leading national model of the state-of-the-art in prehospital services. It took a lot of good work and dedication over the last few years," says Alan Gelb, chief of SFGH Emergency Services and associate clinical professor of medicine.

Mission Health Fair

Residents of the Mission district again will have the opportunity to get free medical exams and information at a health fair on Saturday, March 2, from 9 a.m. to 3 p.m. at the Mission Neighborhood Health Center, 240 Shotwell Street (at 16th).

UCSF students and health care professionals will give free physical and dental exams, dental hygiene instructions, blood pressure and cholesterol screening, urine tests, vision exams and low cost mammograms. Breast exams and instruction in self-breast exams also will be available. There also will be information booths and discussions about AIDS, how to quit smoking and a wide range of other health topics.

The Mission Neighborhood Health Center is wheelchair accessible and near MUNI and BART lines. For further information, call 552-3870, x203.

Health Care Draft?

A meeting will be held on Thursday, March 7, from 5:30 to 7:30 p.m. in Room HSW 300 to discuss a possible health care draft due to the Gulf war. Presented by a coalition of second-year family nurse practitioner students, the program will include discussions by representatives of the California Nurses Association, the California Medical Association, and Anne Wroxman of the Central Committee for Conscientious Objectors. A question and answer period will follow. The meeting is sponsored by Nursing Students' Council, UC's Associated Students, Graduate Students' Association and California Nurses Association. For further information call Helen Martin at 552-5102.

Calling UCSF Women Readers

UCSF campus women are invited to participate in this year's celebration of International Women's History Month to be held on Thursday, March 21, from noon to 2 p.m. in the LPPI Auditorium. The event, which is co-sponsored by the UCSF Women's Resource Center and UCSF Women's Week Committee, will feature Tory Miller, author of *Really Boomba*. UCSF women who would like to be a part of the readings should call 476-0400.

Library *(continued)*

a 'New Building Syndrome'.

Mohamade explains that the Sick Building Syndrome (SBS) started when energy conservation became an issue. Many people wanted to save energy and one way to do that is to recirculate the air in buildings rather than bring in continual fresh air. If you use fresh air, you either have to heat it or cool it and that takes energy and money.

SBS is primarily caused by stale, recycled air. There is an abundance of carbon dioxide (from so many people breathing in an enclosed place) and it just gets recycled. We are fortunate to live in the Bay Area with a temperate climate, neither too hot nor too cold. The cost of heating or cooling the outside fresh air still is reasonable.

That's exactly the case of our new library. We continually pump in the good old fresh stuff, so we have no problem with SBS here.

"New Building Syndrome" (NBS) is another matter. It is caused by the emissions of toxins in building materials like carpets, glues, paints, ceiling materials, etc.

In fact, employees in the new library initially were concerned about NBS because they had read of two cases in Washington, DC, where employees were getting sick from 4-PC (4-Phenylcyclohexene), a chemical by-product caused by the synthesizing of the rubber backing of some carpets. The employees thought there might be a problem with the library's carpets.

In response to these concerns, Environmental Health & Safety immediately started testing the library's air for 4-PC and other chemicals. They found that the levels measured were extremely low.

"Our library had its air conditioners running for a few months before we occupied it. We had fresh air continually flowing in and out and that dissipated the toxins," says Mohamade. He says that this is a regular practice in Europe. They prefer to give the buildings a chance to settle for at least four months to see if there are any problems.

"We are waiting for additional data to be returned from a laboratory in Boston on the 4-PC results," says Mohamade.

Well, we won't have to wait long. The official results are due back within two weeks, and we'll print them in the next issue of *Newsbreak*.

Drink More H_2O to Increase Amniotic Fluid

It could be as simple as drinking water . . . at least for some women. A new study by ob/gyn specialist Sarah J. Kilpatrick shows that pregnant women with low levels of amniotic fluid can increase the volume simply by drinking more water. An adequate volume of fluid, which surrounds the fetus in the mother's womb, is known to be associated with fetal well-being.

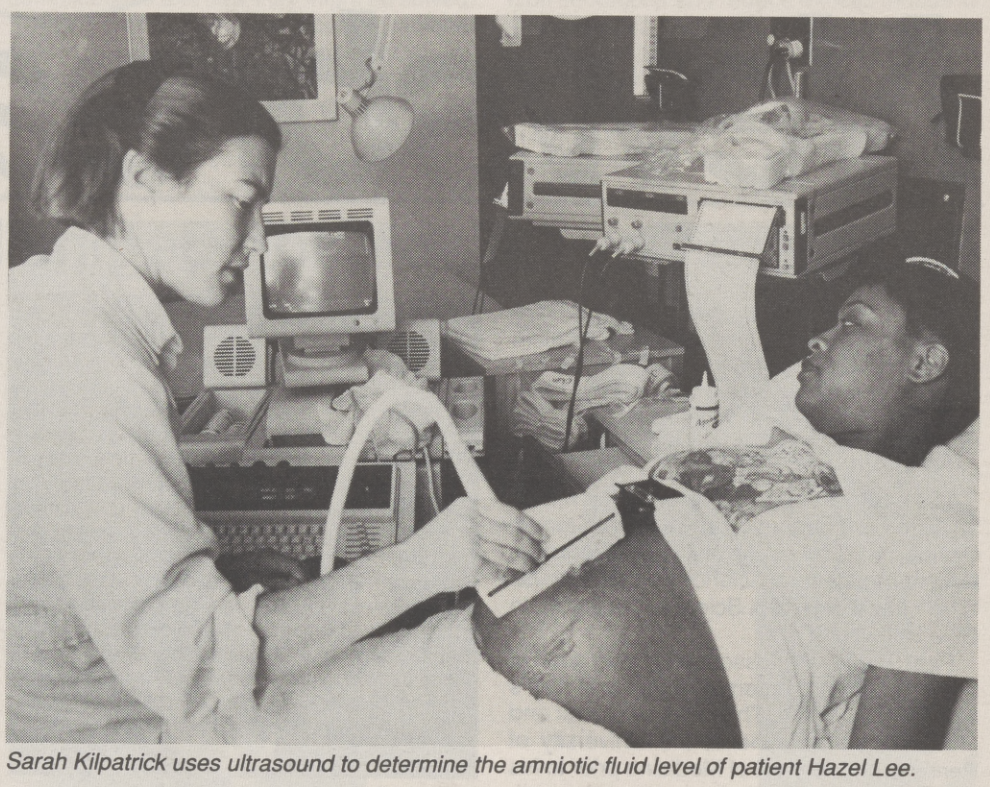
Reporting in a recent meeting of the Society of Perinatal Obstetricians, Kilpatrick said the findings may prove to be particularly useful for women who are past the projected due dates for birth of their babies.

A normal pregnancy is 40 weeks and the level of amniotic fluid begins to decrease after this period of time, increasing the risk of fetal distress during labor and the risk of respiratory complications resulting from inhalation by the fetus of its own stool during delivery, she added.

The UCSF study found that women who drank an additional two liters of water—slightly more than two quarts—above what they would normally drink, increased amniotic fluid measurement by some 1.5 points, which Kilpatrick termed significant.

A low volume of amniotic fluid also is a common complication in pregnant women who are diabetic or have high blood pressure.

The women in the study were asked to drink the additional water about three hours before returning the next day for measurements.



Sarah Kilpatrick uses ultrasound to determine the amniotic fluid level of patient Hazel Lee.

Founders Day *(continued)*

The entire campus community is invited to attend this gala affair beginning at 6:30 p.m. at the St. Francis Hotel. Advance tickets at $40 each may be purchased by filling out the order form on your Founders Day poster. If you have not received a poster as yet, call 476-4723.

Faculty Research Lecture

Henry R. Bourne, professor and chair of pharmacology, will present the 34th Faculty Research Lecture, entitled "Cheerfulness Creeps In," on Friday, April 12, at 2 p.m. in Cole Hall. For the past 20 years, Bourne has been at the cutting edge of work on signal transduction in eukaryotic cells.

This annual lectureship, sponsored by the Academic Senate, represents the foremost recognition for scientific achievement given to a UCSF faculty member by his or her peers.

Awards Luncheon

On Thursday, March 21, the extraordinary efforts of the staff employees of this campus will be showcased at a special invitational awards luncheon beginning at noon in the Millberry Union gym. Awards to be presented include the Chancellor's Award for Exceptional University Service, the Chancellor's Award for Public Service, the Distinguished Nurse Award, the Jeanne M. Yalon Memorial Award, and the Helen Ripple Award. (More details to come in the next issue of *Newsbreak*.)

Second Annual Black & White Gala

After the successful Black & White Gala last year, scores of folks wanted it to be an annual event. Well, your pleas have been heard. Mark Friday, April 5, on your calendar. The fun begins at 9 p.m. and lasts until 2 a.m. Pride & Joy will be back to keep things rockin'. Advance tickets—$10 students, $15 faculty and staff—go on sale beginning Monday, March 4, at Millberry Union Central Desk. Tickets also will be on sale in the Medical Sciences lobby beginning the week of March 18. Tickets at the door will be $5 more.

Proceeds from the event will go to the Red Cross Gulf Relief fund. The Second Annual Black & White Gala is sponsored by EMPACT!, ASUC, the Office of Student Relations, and Arts & Performances. For further information call 476-6932.

Poster Session/Research Contest

To end the festivities, the Graduate Students' Association, in conjunction with the Graduate Division, Office of the Chancellor and Sigma Theta Tau, will host a poster session/research contest on Tuesday, April 16, from 10 a.m. to 4 p.m. in the Millberry Union Conference Center, with a reception honoring all participants at 4 p.m. For further information call 476-2233.

Save It or Lose It

In the last issue of *Newbreak*, we ran an article on campus conservation efforts, including saving water. We asked for more suggestions from our readers on how the campus might continue to help save the earth. Here's our first installment:

Neuroanatomy's Toni Milroy suggests that labs discontinue using double distillers. "The amount of cooling water that goes down the drain is astronomical," she says. "In our lab alone, it was 10 gallons of wasted water per 10 minutes of distilling. When these distillers run for hours during a work day . . . well?!!"

Toni says that her lab bought two deionizers to produce pure water (the purity of which depends on the filter/columns one buys) and they use this water for perfusions, electron microscopy and all of their immunocytochemistry and other stains. "It's connected to a faucet and produces instant pure water much faster than a distiller without wasting one drop of precious water!" Toni exclaims. The price? $305.51.

For further information call Toni at 476-4400.

UCSF *Newsbreak*

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Deadline for the next issue, which will cover March 9-22, 1991 will be on **Friday, February 26, at 11 a.m.** Please send campus news copy to Allen Balderson, Medical Center news to Dawn Finch, and calendar and gazette items to Michele Firpo, all at Box 0462. Last-minute copy can be taken over the telephone by calling 476-1541.

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Gazette

Honors & Awards

Linda S. Mitteness: Elected president of the Association for Anthropology & Gerontology. She was also named a fellow, Council of the Gerontological Society of America. Mitteness is associate professor, medical anthropology, epidemiology & biostatistics.

Contracts & Grants

Information on contracts and grants is made available to this paper through individual departments, researchers or the funding agency.

Steve Lisberger: Received $60,000 from the McDonnell-Pew Program in Cognitive Neuroscience for "Neural Basis of Sensorimotor Integration." Lisberger is professor, physiology.

Appointments

Jeff Kilmer: Appointed director, student & curricular affairs, Offices of Student Affairs & Academic Programs, School of Nursing. The Office of Student Affairs oversees the School's Master's program, Master's Entry in Nursing program, DNS and PhD programs, in addition to new student orientation, graduation and the nursing traineeships. The Academic Programs office is responsible for the School's recruitment activities, including minority students, and all foreign and special study students, such as postdoctoral students doing research with specific faculty members. Kilmer also is currently working to streamline the School's publications in accordance with campuswide conservation efforts. He returns to campus after a two-year absence, before which he was assistant to the Dean in the School of Nursing from 1986-89.

In Memoriam

Libby Gardner (second from left) at the 1989 Faculty Wives luncheon with Patricia Krevans, 1988-89 Faculty Wives President Jan Murray and Barbara Kaban, 1989-90 president.

Elizabeth "Libby" Gardner, who was married to David P. Gardner, UC president, died Friday, February 8, of heart failure after a brief illness. She was 55. Mrs. Gardner, known to her friends as Libby, grew up in Southern California and the Bay Area. She attended Stanford University, Brigham Young University, and graduated from the UCSF School of Dentistry with a bachelor's degree in dental hygiene. She practiced for several years in Berkeley as a dental hygienist. In both personal and professional endeavors, the Gardners were known as an effective, unified team. The breadth and significance of her key role was officially recognized in November 1987, when the University of California named her associate of the president. Patricia A. Krevans, a colleague of Mrs. Gardner and wife of UCSF Chancellor Julius R. Krevans, said, "Libby was a strong person of great integrity. She somehow managed with her warm smile to reflect dignity and youthful enthusiasm at the same time." In lieu of flowers, the family suggests contributions to the Elizabeth (Libby) Fuhriman Gardner Fund at UCSF, which will be used to benefit deserving students in the health sciences. Checks should be made payable to the UC Regents and sent to the Fund at UCSF, 94143-0248.

James L. Coleman: A nursing assistant with the University for 25 years. He had worked in the AIDS unit and the ICU, but since 1975 he worked mainly on 7 Long, a surgical speciality unit. His responsibilities included giving bedside care to patients for their daily needs, and most recently he specialized as a sitter, taking care of one patient who required constant attention. Because Coleman enjoyed one-on-one care and had so much experience, he also sat with patients in many other units throughout the hospital.

Jacquelin L. Osborn-Noel: Coming to UCSF in 1979 as a lab helper in laboratory medicine, she became a lab assistant in 1982 and eventually a hospital assistant in 1989 in laboratory medicine's chlamydia lab. Osborn-Noel dealt mostly with clinicians, making sure they were collecting proper specimens and receiving the results they needed. She also had various administrative and supply responsiblities. Because of her young son, Osborn-Noel was very active with the Boy Scouts, serving as a troop leader.

Two Named to National Pharmacy Panels

School of Pharmacy's Linda L. Hart (left) and Lorie G. Rice have been named to US Pharmacopeial (USP) Convention advisory panels. Hart was named to the panel on Drug Information Science, while Rice was named to the USP Pharmacy Practice panel, both of which were formed to help determine the content of the USP drug information database and to provide input relating to the clinical aspects of USP's work in the area of drug standards and information. Hart is professor, clinical pharmacy; director, drug information analysis service. Rice is assistant dean, professional relations and advancement.

Fellows from National Institute on Aging

Ulrike Steinbach (left) and David Carrell are two fellows working with the Institute on Health & Aging through the National Institute on Aging Training Program in Sociocultural Gerontology. Steinbach works with Mitch LaPlante on examining disability in the under-65 population and on the health insurance status of this group. Steinbach is assistant research behavioral health scientist, social & behavior sciences, School of Nursing. In addition to the NIA fellowship, Carrell is a Pew Health Policy fellow. At the Institute, he is working with Charlene Harrington on a project examining state level long-term care policy, while also looking at broader health policy issues through the Pew program.

Disaster *(continued)*

develop a final disaster plan which will be comprehensive and will outline specific responsibilities for each department and site, including the possibility of having a volunteer search and rescue team on campus. Anyone who would like a copy of the interim plan may receive one by contacting Brent Stevenson at 476-2496.

Given the size of this institution, developing a final disaster plan has not been an easy task. Our campus owns or leases 118 different sites or buildings, 30 of which are on Parnassus. "We had to look at the different populations and activities in each of these buildings," Foster explains. "Devising a disaster plan, including evacuation, for a three-story office building in an off-campus location with no labs, is quite different from devising one for Health Sciences West."

Foster says that the final plan will attempt to address the individual needs of each site. "Different buildings have different kinds of hazards. People must be prepared to protect themselves and their department assets, including research experiments." Foster says. "People need to know what to do and how to do it quickly We are developing standards for each site, including specific emergency procedures, personnel training requirements as well as annual drills. We also are establishing a mechanism to identify people who will be in charge—site coordinators and even floor wardens."

The site and department planning standards and guidelines are being reviewed by various departments, the EPC and members of the EOC. Final standards will be approved by the Chancellor. The final Emergency Operations Plan is expected to be completed in July. "At that time, we will distribute the plan to each campus department," says Krevans.

So far, what else has been accomplished?

- We all now should have a wallet-size card, which contains instructions on what to do in an emergency as it relates to the campus. The card, which originally was sent to all employees last October, enables you to have at your fingertips the best telephone numbers to call in an emergency and exactly what kind of information to give. It lists a campus telephone "Information Hotline" number—476-9000 to find out the status of the campus and whether or not you should report to work, and an alternate 800 number if the campus telephones are down—1-800-873-8323. If you need a card, call 476-2496
- The Office of Capital Planning has hired an engineering firm to review all campus structures and to recommend improvements in structural and architectural design as well as anchoring essential systems.
- UCSF has received some $4 million from the Office of the President to fund an Emergency Power Project which will provide, among other things, emergency power for research programs in our Health Sciences towers, emergency power to Medical Sciences and selected areas of the School of Dentistry building, and an on-site generator at Hunters Point.
- New battery-powered emergency lights have been installed in all stairwells in the HSE and HSW building. The Medical Sciences building's emergency power for exit lighting now is connected to the Medical Center's generator to ensure immediate power after a failure.
- Departments continue to install their own emergency lights at minimal cost. Capital Resource Management staff at 476-2021 are available to advise and assist other labs and departments that wish to install battery-powered emergency lighting. Many also are installing lips on shelves, anchoring bookcases, placing heavier items on the floor, etc.
- All departments should keep on hand the following minimal supplies, all available through the campus Storehouse: first aid kit, flashlight, radio and batteries. Areas which presently do not have backup power should have flashlights and batteries easily accessible to employees. Earthquake packs also are available through EMPACT! at 476-6932.
- Environmental Health & Safety can help you determine how safe your department is, and what to do about it if it isn't. Just call 476-6780. All campus managers are reminded that it is the department's responsibility to fix what is wrong.

For more information on campus disaster planning look to future issues of *Newsbreak*.

Today/Tomorrow

23 Saturday

COMBINED ANESTHESIA/SURGERY CONFERENCE: *Mini-Symposium on Blood Transfusion Therapy.* Nine speakers. Cole Hall. 8-10:30 a.m.

BASIC HOME REPAIR: PLUMBING & ELECTRICAL

Women Empowering Women staff facilitates this workshop on repairing leaky faucets, appliance plugs, lamps & much more. Learn the names & uses of home repair tools & materials. $20-$45. N 517. 9 a.m.-4 p.m. Call 476-5836 to pre-register.*

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *Parent/Work Burnout: Dealing with Conflicting Demands of Work & Parenthood.* Gloria Thornton, Great Expectations, facilitates the fifth program in the "Working Parent" series. Co-sponsored by UCSF Health Net. A 326. 10 a.m.-noon. Call 476-6667.*

25 Monday

BREAST CANCER SCREENING SCHEDULE

Women can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient locations in the Bay Area.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes & costs only $50. To make an appointment call 476-2193 between 9 a.m. & 3 p.m.

The van will be at the following locations for the next two weeks:

- Feb. 25-Mar. 1: Embarcadero. On Drumm St. between Sacramento & Clay.
- Mar. 4-8: Marina Green. In parking lot near Goodwill shed & Ft. Mason.

A $50 mammogram also is available at the Mount Zion radiology department. Call 885-7710.

OTOLARYNGOLOGY GRAND ROUNDS: *Cochlear Implant Update.* Robert A. Schindler, Oto. *The UCSF Cochlear Implant Project.* Dorcas Kessler, Oto. S 214. 8-10 a.m.

VAMC NEURORADIOLOGY ROUNDS. 2A56, VAMC. 9:15-10 a.m.

VAMC NEUROPATHOLOGY CONFERENCE. 2A56, VAMC. 10:10-11 a.m.

OVEREATERS ANONYMOUS MEETING: The "H.O.W." Concept. A more structured approach to overeating. Speaker & discussion. N 417. Noon. Call Lia, 476-4251.*

EPIDEMIOLOGY & BIOSTATISTICS SEMINAR: *Medical Problems in Saudi Arabia.* Armand Gelpi, Med., Stanford & Palo Alto VAMC. HSE 336. 4-5 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *HTLV-2: Retrovirus Without a Disease.* Edward L. Murphy, Lab. Med. L 535. 4-4:50 p.m.

URORADIOLOGY CONFERENCE. M 464. 5-6 p.m.

TAX HELP FOR GRADS & POSTDOCS

The Graduate Division sponsors a tax talk for graduate students & postdoctoral scholars with Melody Pound, CPA. HSW 303. 5:30-7 p.m.

26 Tuesday

SFGH NUCLEAR MEDICINE CONFERENCE. 1X58, SFGH. 7:45-9 a.m.

ORAL & MAXILLOFACIAL SURGERY GRAND ROUNDS: Residents' Forum. C 701. 8 a.m.

TRANSFUSION RESEARCH FORUM: *Oral Hairy Leukoplakia: The Mystery Unfolds.* John Greenspan, Stom. & Med. L 535. 8:30 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Evaluation of the Short Child.* Felix Conte, Endo. Carr Aud., SFGH. 8:30-9:30 a.m.

OB/GYN GRAND ROUNDS: *The Use of Sub-arachnoid & Epideral Opiates for Pain Control in Obstetrics.* Sol Shnider, Anes. & Ob/Gyn. S 1364. 9 a.m.

PEDIATRIC NEURORADIOLOGY CONFERENCE. HSE 317. 9 a.m.

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

VAMC EEG READING SESSION. Bldg. 203, Rm. 2A49, VAMC. 3 p.m.

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

BIOCHEMISTRY & BIOPHYSICS SEMINAR: *The Control of Timing & Spatial Organization During Cellular Differentiation.* Lucy Shapiro, Bio., Stanford. HSW 301. 4 p.m. Student lunch with speaker at noon in S 980. Sign up in S 962 by Mon., Feb. 25.

NEUROLOGY GRAND ROUNDS: *Cardiac Indications for Anticoagulation Stroke Prophylaxis.* Ray Swanson, Neuro., VAMC. S 664. 5-6 p.m.

27 Wednesday

PLASTIC SURGERY GRAND ROUNDS: D & C Conference. Toland Hall. 7 a.m.

SFGH ORTHOPEDIC SURGERY STAFF CONFERENCE. Rm. 5K8, SFGH. 7:30-9 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, 476-1662.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Stress & Hypertension.* Piero O. Mustacchi, Med. & Epid. Bldg. 30, 5th fl., SFGH. 8-9 a.m.

DERMATOLOGY CONFERENCE: *Melanoma: UCSF Melanoma Center.* Richard Sagabiel, Derm. & Path. HSW 301. 8-9 a.m.

NUCLEAR MEDICINE SEMINAR: *ACE Inhibitor: Renal Scintigraphy.* Michael McBiles, Nuc. Med., Letterman Hosp. LPPI Aud. 8:30 a.m.

ENDOCRINE GRAND ROUNDS: *Activation & Inactivation of the Insulin Receptor Signal.* C. Ronald Kahn, Med. & Diabetes Cntr., Harvard. M 1486. 8:30 a.m.

CORNEA LECTURE SERIES. Harry Hind Library, 95 Kirkham St. Noon.

BROWN BAG LECTURE SERIES: *Nutritional Needs of the Elderly.* Suzanne P. Murphy, Nutr., UCB. HSW 300. Noon. Call 476-4394.*

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

BLACK HERITAGE EVENT

Black Vendor's Fair & Bone Marrow/Blood Drive. MU Conf. Cntr. Noon. "Eyes on the Prize" also will be shown during the day in the Med. Sci. lobby.*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. Rm. 300C, UCSF-MCB, 1855 Folsom St. 12:05 p.m.*

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

PSYCHIATRY GRAND ROUNDS: *The Human Genome Project.* Richard M. Myers, Physio. & Biochem. LPPI Aud. 1-2 p.m.

RADIATION ONCOLOGY SEMINAR: *Development of Radiosensitizing & Bioreductive Drugs for Cancer Therapy.* E. Martin Fielden, Radiobio., Oxon, England. HSE 317. 3 p.m.

SEMINARS IN BIOLOGY: *The Organelle Motor Complex for Microtubule-Dependent Motility.* Michael P. Sheetz, Cell Bio, Duke. HSW 300. 4 p.m.

CHILD NEUROLOGY CONFERENCE. M 666. 4:30 p.m.

UROPATHOLOGY CONFERENCE. M 464. 5-6 p.m.

GULF WAR LECTURE: *The Gulf War: Events & Consequences.* UCSF-Middle East Union presents two Middle East experts. S 664. 5 p.m. Call 476-2010.*

PATHOLOGY GRAND ROUNDS: *Regulation of Hepatitis B Virus Gene Expression.* Ben Yen, Path. HSW 508. 5:30-6:30 p.m.

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *Feeding Skills: A Challenge of the Second Year.* Susan Carter, Nutr. Co-sponsored by UCSF Health Net. A 326. 7-9 p.m. Call 476-6667.*

WOMEN & HIV

Two panel discussions, including three health care providers and a rep from Project Inform & a panel of women with HIV. Sponsored by the UCSF AIDS Health Project. UCSF-MCB, Rm. 125, 1855 Folsom St. 7-9 p.m. Call 476-6430 for information.*

28 Thursday

MEDICINE GRAND ROUNDS: *Nontechnological Aspects of Technology Use..* Keith I. Marton, Med. Toland Hall. 8-9 a.m.

SFGH NEUROLOGY/NEUROSURGERY CONFERENCE. 4H2, SFGH. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Evaluation of the Child with Failure to Thrive.* Carol Berkowitz, Ped., Harbor/UCLA Med. Cntr. S 664. 8:30-9:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Aqueous Dynamics & Therapy.* Richarch Brubaker, Oph., Mayo Clin. S 214. 8:30-10 a.m. Preceded by case presentations: *Ocular Oncology.*

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

NEUROLOGY/NEURORADIOLOGY CONFERENCE. HSE 317. 10-11 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Ambulatory Assessment & Management of Hypertension.* Edmund Lonergan, Med. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

ORAL BIOLOGY 220 SEMINAR: *T-Cell Activation.* John B. Imboden, Jr., Med. & Microbio. & Imm. S 664. Noon-1 p.m.

MEDICAL ANTHROPOLOGY SEMINAR: *The Role of a Medical Anthropologist at a Private Foundation.* Faith Mitchell, Wm. & Flora Hewlett Fndt. Rm. 218, Laguna Honda Schl. Noon-1 p.m.

CURRENT ISSUES IN AGING LECTURE: *Drugs & the Treatment of Depression.* R. Ron Finley, Pharm. LPPI Aud. 12:10-1 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

NEURORADIOLOGY GRAND ROUNDS. HSW 303. 4 p.m.

NEUROSCIENCE GRADUATE PROGRAM SEMINAR: *The Instructional Role of Vision in the Development of Sound Localization by Barn Owls.* Eric I. Knudsen, Neurobio., Stanford. HSW 300. 4 p.m.

PRIMARY CARE GRAND ROUNDS: *Physician Payment Reform: Where We Have Come From & Where We Are Going.* Arnold Epstein, candidate for chief, Gen. Int. Med. A 455. 4:30 p.m.

NEUROSURGERY GRAND ROUNDS. HSW 302. 5-6:30 p.m.

RADIATION ONCOLOGY GRAND ROUNDS: *The Management of Xerostomia After H&N Irradiation.* Sol Silverman, Jr., Stom. L 34. 5 p.m.

RADIOLOGY GRAND ROUNDS. HSW 301. 5:15-6:15 p.m.

COLE HALL CINEMA: *Avalon.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8:15 p.m. Come enjoy the new projectors!*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

1 Friday

CRI HEMATOLOGY/ONCOLOGY GRAND ROUNDS. M 1296. 8 a.m.

MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, Mt. Zion. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *The Developmental Course of Infants Exposed to Drugs* In Utero. Mark Persweig, Child Psychr., St. Mary's Hosp; Donna Edison, Child Psychr. Training, St. Mary's Hosp.; Linda Perez, Infant Dev., St. Elizabeth Infant Hosp. LPPI Aud. 10:10-11:30 a.m.

PHARMACEUTICAL CHEMISTRY 220 SEMINAR: *Magnetic Relaxation Coupling in Imaging & Spectroscopy.* Robert G. Bryant, Biophys., U Rochester. S 1364. 11 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Dancing Out AIDS: Movement as Exorcism.* Ilene Serlin, Psych. Saybrook Inst. N 721. Noon-1 p.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

COLE HALL CINEMA: *Avalon.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 9 p.m. Come enjoy the new projectors!*

2 Saturday

ANESTHESIA GRAND ROUNDS. HSW 301. 8-10 a.m.

SURGERY GRAND ROUNDS: *Advances in Enteral & Parienteral Nutritional Therapy.* Michael Hickey, Surg., Nutr. Support Serv. & Emerg., SFGH. Path. Aud., SFGH. 8:30-9:30. Followed by M&M conference.

MISSION HEALTH FAIR

Free medical examinations, including physical, dental & vision exams, low-cost mammograms, cholesterol screenings & information on AIDS, how to quit smoking, dental hygiene & more. Co-sponsored by Chicanos in Health Education. Mission Neighborhood Hlth. Cntr., 240 Shotwell (at 16th). 9 a.m.-3 p.m. Call 552-3870, ext. 203.*

GREAT EXPECTATIONS PROGRAMS FOR PARENTS: *Balancing Fatherhood & Career.* Bruce Linton, Fathers' Forum, facilitates the last program in the "Working Parent" series. Co-sponsored by UCSF Health Net. A 326. 10 a.m.-noon. Call 476-6667.*

LOW VISION FORUM: Donna Allread & Betsy Wada, two women with more than 50 years of experience teaching the visually impaired, discuss skills needed to live independently. A series of forums held on the first & third Saturdays of each month. Clinical Eye Res. Bldg., 374 Parnassus. 11 a.m.-1 p.m. Call Frances Neer at 626-5313 for information.*

4 Monday

THE ART OF SPRING

Paintings & drawings by Juliane Poirier will be on display from Mar. 4-May 31. Fac. Alum. House. Reception for the artist, Mar. 8. from 6-8:30 p.m. Call 476-4723 for information.*

OTOLARYNGOLOGY GRAND ROUNDS. S 214. 8-10 a.m.

TROY C. DANIELS LECTURESHIP MAR. 4-6

Three lectures by Max F. Perutz, Lab. Mol. Bio., Cambridge, England. Sponsored by the Dept. Pharm. Chem.

- Mon., Mar. 4: *Mechanisms of Cooperativity & Allosteric Regulation in Proteins.* Cole Hall. 11 a.m.
- Tues., Mar. 5: *Haemoglobin as a Receptor of Drugs & Peptides.* Cole Hall. 4 p.m.
- Wed., Mar. 6: *Determining the Atomic Structure of Living Matter: What Use to Medicine?* Cole Hall. 3 p.m.

OVEREATERS ANONYMOUS MEETING: The "H.O.W." Concept. A more structured approach to overeating. Speaker & discussion. N 417. Noon. Call Lia, 476-4251.*

DERMATOPHARMACY/DERMATOTOXICOLOGY SEMINAR: *Application of Magnetic Resonance Spectroscopy for Evaluation of Hydration & Chemical Treatment of the Skin.* Jerry Rehfeld, VAMC. N 729. 12:10-1 p.m.

LABORATORY MEDICINE GRAND ROUNDS: *Stem Cell Transplantation to Correct Genetic Defects.* Mitchell S. Golbus, Ob/Gyn. L 535. 4-4:50 p.m.

PEDIATRIC UROLOGY CONFERENCE. M 464. 5-6 p.m.

*Open to the public.

DON'T MISS THE DEADLINE

Tues., Feb. 26 is the deadline for items to be listed in the next calendar, which covers **Mar. 9-22** (two weeks). They must be received in our office in writing by 11 a.m. on that Tuesday. Mail your copy to Michele Firpo at Box 0462, call 476-1541, send a fax to 665-8668 or bring it to S 20.

Feb. 23-Mar. 8, 1991

MARCH IS WOMEN'S HISTORY MONTH

Telling the Tales of Our Lives. UCSF celebrates Women's History Month throughout March with a number of special events, including the following. Sponsored by the Women's Resource Center & Women's Events Committee, unless otherwise noted. Call 476-0400 for recorded program information.*

- Wed., Mar. 6: *Trusting Ourselves.* Karen Johnson, Psychr., discusses most common psychological stress experienced by women. A Brown Bag lecture. HSW 300. Noon-1 p.m. Call 476-4394.
- Fri., Mar. 8: Women's Resource Center Open House/Reception. Enjoy refreshments & visit their new location. 100 Medical Cntr. Way. 2-5 p.m.
- Tues., Mar. 12: *Holding Up Our Half.* Clara Yen, Asian-American storyteller, shares traditional & personal tales of strong, spunky women. Toland Hall. Noon-1 p.m.
- Wed., Mar. 13: *Deaf Women Pioneers in the Entertainment Industry.* Actress & producer Julianna Fjeld shares how she & other deaf performers turned their dreams of becoming entertainers into reality. Toland Hall. Noon-1 p.m.
- Tues., Mar. 19: *Women of the Fourteenth Moon.* June LeGrand, writer, broadcaster & Native American storyteller, brings to life stories of women in the four stages of life. Rm. 125, UCSF-MCB, 1855 Folsom St. Noon-1 p.m.
- Wed., Mar. 20: *The Dance Brigade.* Millberry Arts & Performances brings to campus this provocative dance collective which incoporates theatre, song, humor, sign language & martial arts into a unique form of dance. MU Gym. Noon-1 p.m. Call 476-2542.
- Thurs., Mar. 21: *Women Working, Women Writing: A Poetry Reading.* Tory Miller, author of *Really Boomba,* is the featured reader at this annual poetry reading showcasing the works of UCSF women staff, faculty & students. LPPI Aud. Noon-2 p.m.
- Wed., Mar. 27: *From My Mouth to God's Ear: Jewesses from Biblical Times to the 1990s.* Claire Silver, storyteller & Jewish communal worker, shares stories of the lives of Jewish women from the Torah, Yiddish literature and modern experience. UCSF-Laurel Heights Aud., 3333 California St. Noon-1 p.m.
- Thurs., Mar. 28: *Have I Got a Story to Tell.* Diane Ferlatte, actress & African-American storyteller, weaves tales from African, South American & African-American cultures. Herbst Hall, Mount Zion, 1600 Divisadero. Noon-1 p.m.

5 Tuesday

COMBINED ORTHODONTIC/ORAL & MAXILLO-FACIAL SURGERY GRAND ROUNDS: *Perio/Ortho.* Robert Boyd, G & D. C 701. 8 a.m.

SFGH PEDIATRIC GRAND ROUNDS: *Sickle Cell.* Bill Ementzer, Ped. Hem/Onc. Carr Aud., SFGH. 8:30-9:30 a.m.

TRANSFUSION RESEARCH FORUM: Annual review of the Program Project Grant. All investigators involved should be present. L 535. 8:30 a.m.

GERIATRIC GRAND ROUNDS: *Update on Paget's.* Gordon Strewler, Med. & Endo., VAMC. LPPI Aud. 8:30-10 a.m.

NEW EMPLOYEE ORIENTATION: S 214. 8:30 a.m.-noon. Call Lenard Florendo at 476-1073 to schedule.

OB/GYN GRAND ROUNDS: *Pitfalls & Controversies in the Basic Infertility Workup.* Robert Nachtigall, Ob/Gyn. S 1364. 9 a.m.

SFGH MEDICINE GRAND ROUNDS. Carr Aud., SFGH. 11:30 a.m.

OVEREATERS ANONYMOUS MEETING: Regular OA discussion meeting. N 717B. Noon.*

BAY AREA WOMEN IN THE MARKETPLACE: Gwen Kaplan, president, Ace Mailing & Data Processing, presents a lecture in an ongoing series featuring successful Bay Area women entrepreneurs. Sponsored by Campus Tours/Speakers Bureau & Women's Resource Cntr. HSW 303. Noon-1 p.m. Call 476-4394.*

CAMPUS AMNESTY INTERNATIONAL MEETING: Meets first Tuesday of each month. N 733. Noon-1 p.m. Call David Campbell at 476-2335.*

SFGH GI MEDICINE/SURGERY/RADIOLOGY IMAGING CONFERENCE. Rm. 1X58, SFGH. 4-5 p.m.

NEUROLOGY GRAND ROUNDS. S 664. 5-6 p.m.

TEAR GAS CLASS

Dept. of Justice certified tear gas certification class. $20. Laguna Honda Schl. Conf. Rm. 6-9 p.m. Call Chris Yee at 476-5683 for information & to pre-register.

6 Wednesday

PLASTIC SURGERY GRAND ROUNDS: *Problem Cases.* Thomas Huntsman, Joseph Kiener, Edmond Ritter & Philip Trabulsy, all Plast. Surg. Davies Med. Cntr. 7 a.m.

MULTIDISCIPLINARY TUMOR BOARD: M 1296. 7:30 a.m. Call coordinator Barbara Blakely, 476-1662.

OCCUPATIONAL & ENVIRONMENTAL MEDICINE GRAND ROUNDS: *Rising Work Disability Rates: The Push of Aging, the Pull of Entitlement or Something Else?* Ed Yelin, Rheum. A 455. 8-9 a.m.

DERMATOLOGY GRAND ROUNDS. HSW 301. 8-9 a.m.

NUCLEAR MEDICINE SEMINAR: Interesting cases of the month. LPPI Aud. 8:30 a.m.

ENDOCRINE GRAND ROUNDS: *Transport & Cellular Uptake of Thyroid Hormones.* Ralph Cavalieri, Med. & Rad. M 1486. 8:30 a.m.

CORNEA LECTURE SERIES. Harry Hind Library, 95 Kirkham St. Noon.

BROWN BAG LECTURE SERIES: (See Women's History Month events.)

PARNASSUS AL-ANON MEETING: For friends & families of alcoholics. C 517. Noon-1 p.m.*

ALCOHOLICS ANONYMOUS MEETING: All are invited. UCSF-Mission Center (MCB), Rm. 300C. 12:05 p.m.*

CREATE SOME MORE SACRED SPACE

The Landberg Center again invites people of all faiths & traditions to join them in meditative reflection & celebration. M 1486. 12:15-12:45 p.m. Call 564-3515 for information. A repeat of the Wed., Feb. 13, program.*

PSYCHIATRY GRAND ROUNDS: *Update on Medical Therapy of HIV Disease.* Harry Hollander, Med. & AIDS Clin. LPPI Aud. 1-2 p.m.

HEAD & NECK TUMOR CONFERENCE. A 723. 1 p.m.

SEMINARS IN BIOLOGY: *Import of Proteins into the Nucleus.* Pamela A. Silver, Bio., Princeton. HSW 300. 4 p.m.

SFGH GI MEDICINE/SURGERY PATIENT CARE CONFERENCE. Rm. 4H2, SFGH. 4:30 p.m.

UROLOGIC PHYSIOPATHOLOGY CONFERENCE. M 464. 5-6 p.m.

PATHOLOGY GRAND ROUNDS: Resident Case Presentations. HSW 508. 5:30-6:30 p.m.

BAY AREA HEMATOPOESIS ASSOCIATION DINNER/MEETING: In Vivo *Effects of IL-6 Upon Megakaryocytes.* Jack Levin, Lab. Med. L 535. 6:30 p.m. Must call Angie Riggs at 423-0764 in advance to attend.

CENTER FOR PREHOSPITAL RESEARCH & TRAINING JOURNAL CLUB. LS 404. 7-9 p.m. Call 476-8502 for information.

7 Thursday

MEDICINE GRAND ROUNDS: *Gastrointestinal Manifestations of AIDS.* Scott L. Friedman, Med. Toland Hall. 8-9 a.m.

PEDIATRIC GRAND ROUNDS: *Retinoic Acid Embryopathy.* Ed Lammer, Ped. Genet. S 664. 8:30-9:30 a.m.

OPHTHALMOLOGY GRAND ROUNDS: *Metabolic Images in the Visual Cortex.* Jonathan Horton, Oph. Preceded by case presentations: *Retina.* S 214. 8:30-10 a.m.

SFGH TRAUMA CENTER CONFERENCE. Rm. 4H2, SFGH. 9-10 a.m.

FAMILY & COMMUNITY MEDICINE/PRIMARY CARE LECTURE SERIES: *Colon Cancer Screening.* Michael Darby, Med. *Ambulatory Assessment & Management of Thyroid Disease.* Keith Kaufman, Med. A 455. 10 a.m.-noon.

PEDIATRIC TUMOR CONFERENCE. L 34. 11 a.m.-12:15 p.m.

ORAL BIOLOGY 220 SEMINAR: *MHC Class II. Deficiency Syndrome.* Loran T. Clement, Ped. Imm. & Allergy, UCLA. S 664. Noon-1 p.m.

HOW TO WORK A ROOM

Susan RoAne, author, demonstrates the socializing strategies needed to stand out at a reception, conference or business cocktail party. Toland Hall. Noon-1 p.m. Followed by book-signing. Call 476-0400 for recorded program information.*

CURRENT ISSUES IN AGING LECTURE: *Management Strategies & the Patient with Dementia: A Multidisciplinary Case Conference.* Panel discussion with five speakers. LPPI Aud. 12:10-1 p.m.

MEDICINE/SURGERY ADULT CARDIAC CATHETERIZATION CONFERENCE. L 1361. 4-6 p.m.

ORTHOPEDIC SURGERY STAFF CONFERENCE. A 630. 4-5 p.m.

NEUROSCIENCE GRADUATE PROGRAM SEMINAR: *Neurons, Numbers & the Hippocampal Network.* David Amaral, Scripps Clin. HSW 300. 4 p.m.

PRIMARY CARE GRAND ROUNDS. A 455. 4:30 p.m.

A HEALTH CARE DRAFT?

Informational meeting with speakers from the CA Nurses Assn., CA Med. Assn. & Anne Wroxman, Central Committee for Conscientious Objectors. Presented by a coalition of second-year Family Nurse Practitioner students, Nursing Stud. Council, ASUC, Grad. Stud. Assn., & CA Nurses Assn. HSW 300. 5:30-7:30 p.m. Call 552-5102 for information.*

COLE HALL CINEMA: *Dances with Wolves.* Children under 14 $2; UCSF students & MU members $2.50; students, seniors & UCSF employees (today only) $3; general $3.50. Cole Hall. 5:45 & 8:45 p.m. Come enjoy the new projectors!*

ALCOHOLICS ANONYMOUS MEETING: Closed meeting: alcoholics only. LPPI A222. 6 p.m.*

8 Friday

CRI HEMATOLOGY/ONCOLOGY JOURNAL CLUB. M 1296. 8 a.m.

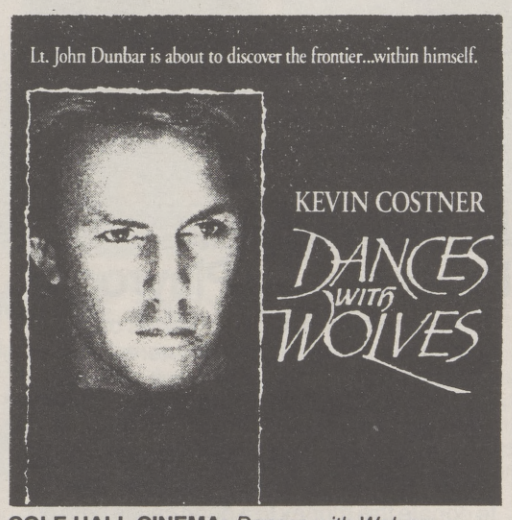
MOUNT ZION MEDICINE GRAND ROUNDS. Herbst Hall, Mt. Zion. 8:30-9:30 a.m.

CHILD & ADOLESCENT PSYCHIATRY CONFERENCE: *An Infant-Parent Model of Early Psychiatric Disturbance—Case Studies in Ongoing Assessment & Treatment.* Harry Rauch, Child & Adol. Psychr. LPPI Aud. 10:10-11:30 a.m.

INSTITUTE OF HEALING ARTS & SCIENCES LECTURE: *Increasing Self-Esteem: Being a Friend to Yourself.* Psychotherapist Saron Garrell. N 721. Noon-1 p.m.

ALCOHOLICS ANONYMOUS MEETING: All are invited. HSE 336. Noon-1 p.m.*

DENTISTRY DEAN'S SEMINAR: *Recognizing & Preventing Dental Fluorosis.* Herschel S. Horowitz, Pub. Hlth. consultant. Toland Hall. 12:30-1:45 p.m.



COLE HALL CINEMA: *Dances with Wolves.* Children under 14 $2; UCSF students & MU members $2.50; students & seniors $3; general $3.50. Cole Hall. 6:30 & 9:15 p.m. Come enjoy the new projectors!*

DEVELOPMENT & TRAINING

For further information call 476-4032.

Communicating with Confidence: A Workshop for Non-Managers. Wed., Mar. 6 & 13. 1-4 p.m. $30.

Employee Motivation: Empowering Your People to Excel. Thurs., Mar. 7. 1-4 p.m. $15.

Survival Skills for the Administrative Assistant. Thurs., Mar. 7, 14, 21. 8:30 a.m.-Noon. $35.

Coping with Difficult People. Fri., Mar. 8. 8:30 a.m.-4:30 p.m. $30.

Demystifying Gift/Private Grant Acceptance. Wed., Mar. 20. 1-4 p.m. $10.

Pre-Supervisory Training. Fri., Wed., Fri. & Mon. Mar. 22, 27, 29 & Apr. 1. 9 a.m.-Noon. $40.

High Performance Work Teams. Thurs., Mar. 28. 9 a.m.-4 p.m. $30.

Survival Skills for the Administrative Assitant. Tues., Apr. 2, 6, 16. 8:30 a.m.-noon. $35.

Stress Management. Wed., Apr. 3. 1-4 p.m. $15.

Writing & Editing Skills. Thurs., Apr. 4, 11, 18. 1-4 p.m. $25

CONTINUING EDUCATION

MEDICINE

For program information call 476-4251, registration 476-5808.

Advances in Endocrinology & Metabolism. Mark Hopkins Hotel, SF. Mar. 6-7.

Diabetes Update. Mark Hopkins Hotel, SF. Mar. 8-9.

Annual Review in Family Medicine: Controversies & Challenges in Primary Care. Cathedral Hill Hotel, SF. Mar. 27-29.

Advances in Emergency Medicine. Grand Hyatt Union Square, SF. Apr. 3-6.

4th Annual Primary Care Medicine: Concepts & Controversies. Kauai, Hawaii. Apr. 6-13.

Rheumatology for Primary Care Physicians. Sheraton Palace Hotel, SF. Apr. 25-27.

DENTISTRY

For further information call 476-1101.

Bringing Periodontal Science to the Dental Practice: A National Telesymposium. SF & other sites. Mar. 8.

Crown & Bridge Study Group. UCSF. Mar. 9.

Enamel Ceramics: An Esthetic & Restorative Alternative. UCSF. Mar. 16.

Second Annual Spring Training for the Dental Team. Scottsdale, AZ. Mar. 21-23.

Over-the-Counter Dental Products. UCSF. Apr. 6

AIDS & Infection Control. Stockton Hilton. Apr. 12

AIDS/ARC/HIV+ SUPPORT

Anonymous & confidential caring, support & training for people with AIDS or ARC, those who have tested HIV positive & others affected by the epidemic. Sponsored by UCSF AIDS Health Project. Call 476-6430.*

Individual Risk Assessment & Referrals. By appointment.

Facilitated 8-week Groups. For anyone affected, at risk or infected.

Drop-in Group for the Recently Tested.

Positives Being Positive. Support groups in the community meet regularly. Call 476-3902.

Living with HIV. Public forums every other month.

HELP ELIMINATE SCHEDULING CONFLICTS

In order to help the campus avoid conflicts in scheduling important events, the News & Public Information Services Department has a computerized calendar. It is suggested that faculty, students & staff call 476-1541 when they are planning an event to make sure nothing has been scheduled for that date. Please note that in order to reserve campus conference rooms & auditoriums, it is still necessary to call Millberry Union at 476-2571, Room Reservations at 476-4436, Faculty/Alumni House at 476-4723, Laurel Heights at 476-8100 or the individual school or department.

OUTDOORS UNLIMITED

Outdoors Unlimited is a cooperative resource center for outdoor recreation & adventure, serving both the UCSF campus & the general public. It provides skills training, equipment rentals, trip planning information & a place to meet others with similar interests. To receive a quarterly listing of trips & clinics, send a self-addressed, stamped envelope to Outdoors Unlimited, Box 0234A. For more information call 476-2078.

WOMEN'S RESOURCES

Sponsored by UCSF Women's Resource Center unless otherwise noted. Call 476-0400 for locations.

GROUPS

Ongoing drop-in groups for women.

Women Living with Life-Altering Illness. Every other Monday.

Lesbian Lunch Group. First & third Mon. of each month.

Latin Women Coalition. S 30. Call for dates.

Circle of Sisters. Black women's group. L 535. Every Fri.

Support Group for Divorced & Separated Women. Every Tues.

Benefits/Personnel

Fun Zone

UCSF Orchestra Presents UCSF Composers

The UCSF Orchestra will present "Music in Our Midst" featuring the works of four UCSF composers on Sunday, March 10, at 4 p.m. in the Millberry Union gym. Tickets are $3 students and seniors; $5 general at the door.

Featured composers include:

- Adrian Erlebacher, a second-year medical student in the Medical Scientist Training Program. His work *To a Child Dancing in the Wind* for soprano, clarinet and string quartet is based on a poem by W.B. Yeats.
- Martin Heyworth, associate professor of medicine and scientific director of the AIDS Research Center, VAMC. His work *Ruminations and Intermezzo* is a three-movement suite for small orchestra taken from a chamber opera.
- Elaine Bearer, postdoctoral fellow in the Department of Biochemistry. Her two-movement piano concerto *Ode to the White Crown Sparrow* is a musical celebration of the redwood forests of the California coast.
- J.J. Hollingsworth, the program coordinator of the CNS Injury and Edema Research Center. Her *Phase 'D'* employs a technique called "phasing" in which "phenomena of varying lengths are superimposed to create an everchanging composite."

The concert is being sponsored by Arts & Performances and funded in part by the Associated Students of UCSF and the Chancellors' Endowment Fund.

Also for your amusement:

- **Student Art Show.** Soliciting works now for exhibit April 25 and 26 in MU Conference Center. Students, graduate students, interns, residents and post-docs welcome. Sponsored by Arts & Performances. Call 476-6761 for more information.
- **Help plan spring bicycle trips.** Bring your ideas to the planning meeting on Tuesday, February 26, 6:30 p.m., OU Center.
- **Raft clinic orientation.** Introduction to OU's Whitewater Rafting Clinic, Wednesday, February 27, 8 p.m. in the MU Conference Center. Call 476-2078 for details.
- **Backpack an odd desert range.** Contorted ridges and dry lakes. Owlshead Mountains behind Death Valley. Friday to Sunday, March 8 to 10. Pre-trip meeting Tuesday, March 5, at 6 p.m. OU Center. Call 476-2078.
- **X-C Ski Trip.** Fun-filled days and nights at Grover Hot Springs. OU says, "Nitwits only." Saturday and Sunday, March 9 and 10. Pre-trip meeting. Call 476-2078.
- **Run for UCSF.** Annual May Day Run Hospital Challenge, Sunday, April 21, in Golden Gate Park. Call Jimmy Choy to sign up, 476-1700. Brigid Ide is seeking volunteers for fundraising activities associated with the run (for the American Heart Association). Call 476-5429.
- **Start thinking about Easter.** Since people seem to enjoy decorating eggs to look like their bosses, EMPACT! once again is sponsoring a "My Boss the Egg" or "My Egg the Boss" contest. Judging March 28. Call EMPACT! for an entry form, 476-6932.
- **Here comes the annual EMPACT! raffle.** You know, the one with all the prizes—trips, computers, autographed sports memorabilia, TVs, etc. Tickets go on sale in mid-March. Next time we'll start talking about exactly what you can win. .

Service Awards

Carlita Agbayani, 15 years, LPPI.
William Atkins, 10 years, radiology.
Jessie C. Bayawa, 10 years, clinical labs, SFGH.
Eddye M. Bell, 15 years, clinical labs.
Bernie L. Broussard, 30 years, CVRI.
Louisa Cagwin, 25 years, neurosurgery.
Nicanor E. Callado, 10 years, capital resources.
Mary V. Camp, 20 years, radiology.
Laura Cheloke, 25 years, dean's office, School of Pharmacy.
Kaylee Chun, 20 years, materiel services.
Pamela Corpuz, 10 years, physical & occupational therapy.
Ricky G. DeGuzman, 10 years, environmental health & safety.
Norberto A. De la Torre, 20 years, clinical labs, SFGH.
Elie Demers, 10 years, LPPI.
Joy W. Devine, 10 years, physical & occupational therapy.
Freddie Dixon, 15 years, clinical labs.
Francine Dobras, 10 years, nursing.
Kay M. Eberhandy, 10 years, nursing.
Steven Edmonds, 10 years, CVRI.
Donald J. Espino, 10 years, biomedical equipment.
Marianne W. Gallup, 10 years, CVRI.
Jeffrey Harrison, 20 years, clinical labs, SFGH.
Cass Holland, 10 years, biomedical equipment.
Gary W. Johnson, 10 years, capital resources.
Charles C. Kredenson, 25 years, materiel services.
Narcisa Legaspi, 15 years, accounting office.
Jill Lezama, 10 years, design & construction.
Harold L. Lynch, 10 years, patient escort services.
Elesita R. Medalle, 10 years, nursing.
Harry C. Mercer, 10 years, respiratory care service.
Felicitas Molinas, 10 years, medicine.
Sylvia Moore, 10 years, nursing.
Roberto Moreiras, 20 years, accounting office.
Rochelle R. Olson, 10 years, neurosurgery.
Lidia E. Ortega, 10 years, environmental services.
Oscar A. Osorio, 20 years, CVRI.
Peggy G. Rush, 20 years, nursing.

How Are the Funds Performing?

For those invested in the 403(b) Plan and the After-tax plan, here are the latest unit values and monthly factors (as of January 31, 1991). If you have questions, please call 476-9256.

	Monthly Factors	Annual Rate
Savings	.0075	8.84%
Money Market	.0066	7.79%
ICC (formerly GIC)	.0072	8.48%

	Unit Value	1-Month Change	12-Month Change
Bond	$41.87	1.2%	10.6%
Equity	$68.30	4.4%	10.9%
Multi-Asset	$10.72	2.0%	N/A*

* Began September of 1990

Promotions

Promotions are made available to this publication after they are processed by the Personnel Department.

Roger Abaan, senior hospital assistant, operating rooms.
Andra Beninate, administrative assistant I, Office of Research Affairs.
David Brightman, assistant II, medicine, SFGH.
Stephen Fox, lead reprographics technician, Reprographics.
Carr Hai, administrative assistant III-supervisor, animal care facility.
Fred Hendrickson, administrative assistant II, Office of Research Affairs.
Robert Hulchiy, administrative assistant II, neurology.
Robert McGranahan, administrative assistant II, medicine.
Reynaldo Morales, associate environmental health & safety technologist, environmental health and safety.

Medsounds Continued

Meet the committee which masterminded the Administrative Assistant Resource Manual: (seated top to bottom) Matt Messner, Tracy Keough, Greg Olson, Shirley Wikum and (left) Norene Parkin. (Not pictured is a sixth committee member, Pam Dimand.) Representing the beneficiaries of the check presented by the committee are (standing) pediatrics chief Abe Rudolph and Child Life Services' Adrianne Burton.

Peds' Administrative Assistant Manual Selling Like Hotcakes; Proceeds To Playroom

At the Valentine's Day party that Child Life Services hosted for all the people around the Medical Center and campus who help them out, a group from the Department of Pediatrics presented a check for $500 to Child Life Services coordinator Adrianne Burton to purchase whatever was needed for the playroom.

The way they got this money is from the sales of an Administrative Assistant Resource Manual the department has developed. The idea for the manual began when Tracy Keogh was newly hired as an administrative assistant in the department a couple of years ago and was trying to figure out how to do her job. "What we need here," she said,"is a manual specifically for people in this job."

The outcome was that a small committee formed and spent the next year and a half putting together a 270-page "how-to" book for administrative assistants, including step-by-step instructions for every single form used: how to fill it out, where to send it, who to call, how to get help and so forth.

"We made it for the department," said Tracy, "but people from other departments began to hear about it and expressed interest in purchasing copies." Thus, Pediatrics got a copyright, and printed 100 extra copies, which promptly sold out.

The purchase price is $40, which is about $5 over the production costs. Their intent was to donate this money to a good cause here on campus. Pediatrics' grants coordinator Greg Olson, who served as editor for the manual, suggested the playroom. (Greg has put in many hours as a volunteer in the Children's Medical Center, spending his lunch hours as a baby cuddler.)

Based on the ongoing interest in the manual, both here and on other UC campuses, the committee is embarking on a second printing. They've also set up a mechanism for updating the manual every three months. They let Adrianne know they plan to continue to send the bumper money her way—which is great. When you hear the list of what she plans to buy with the $500—infant seats, rocking chairs, swings, wagons, etc., etc.—you wonder how far that $500 is going to stretch!

Hero on 10 Long

The 10 South/10 Long nursing unit is all abuzz because one of its staff members, Garry Newkirk, has received a formal citation from the San Francisco Fire Commission and Chief of the Fire Department for his "courage, intiative and professionalism demonstrated when [he] and a colleague crawled under a semi-trailer truck and performed cardiopulmonary resuscitation on the victim who was fatally struck by the large vehicle at the intersection of Polk and Broadway."

This is not the first time that Garry, who serves as a senior nursing assistant, has achieved hero status during his off-time. On another occasion, Gary came across the victim of a gang fight, a young boy with a gaping stab wound. Garry plugged the wound with his finger while the police rushed them to the hospital. That occasion had a happy ending: Not only were they able to save the young boy, but he recovered from the wound and injuries quite completely.

10 Long's Garry Newkirk

Joan Mast (left) with Child Life Services' Joan Kazerounian

Volunteer Sweetheart

If you've ever been to the pediatrics playroom on 6 Moffitt, then undoubtedly you have seen Joan Mast. She's always there, it seems, attending to the young patients and their families.

It turns out that Joan, a retired accountant, has volunteered nine years in this capacity, helping out in the playroom every Monday, Tuesday and Thursday. Her steadfast, cheerful presence has earned her the title of "Volunteer Sweetheart," bestowed by Child Life Services on the occasion of the Valentine's party they hosted for CLS volunteers.

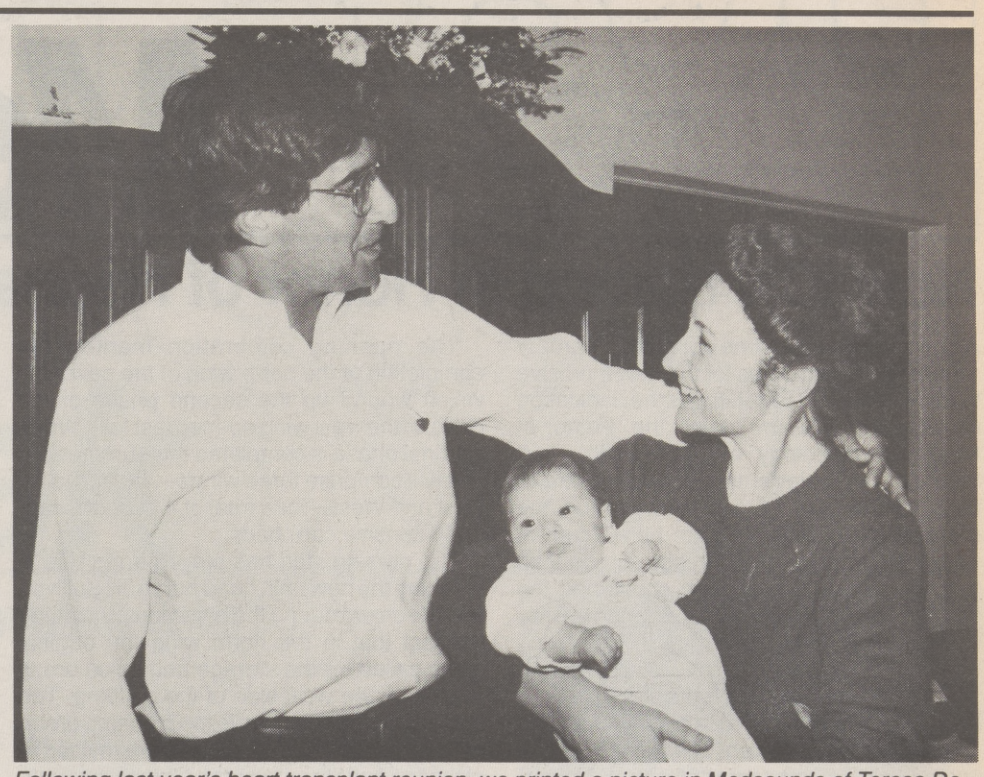
As part of this event, some of the young patients helped make a large bulletin board covered with hearts. Each heart is labeled with the name of someone from around the Medical Center or campus who helps make Child Life Services the thriving program that it is.

The bulletin board is in the hallway between the Long elevators and the playroom on the 6th floor. Go check it out. You might find your name on it.

Medsounds Continued

We Love These Affairs of the Heart

Meet Andy Anderson and tha apple of his eye, his wife Ann, whom he introduced as his "bride." of 22 years. Ann and Andy were among the guests at what had to be the best Valentine's party of all — the second annual reunion of patients in UCSF's Heart Transplant Program. A total of 28 patients have received new hearts at UCSF over the past two years since the program began, including Andy, who proudly bears the distinction of being the oldest heart transplant patient at UCSF to date. The 68-year-old resident of Carmel says of his heart and his sweetheart that he can't do without either one, and thank goodness he has the former, because he's nowhere near ready to leave the latter behind.



Following last year's heart transplant reunion, we printed a picture in Medsounds of Teresa De Marco, associate director of the program, with one of the transplant recipients and his infant daughter. This year, here's Teresa again, this time with her own baby daughter, barely two months old. Of course, congratulations were delivered in abundance, in this case from transplant recipient David Brown of San Francisco. During the party, Teresa joined program chief Fraser Keith and transplant coordinator Celia Rifkin in welcoming the patients and their families to what Teresa referred to as a family gathering. "We really are like one big family," she said, and then happily introduced her daughter as the newest member.

Diane Higashi

Hildy Schell

Higashi, Schell & Clary-Macy Nominated for 1991 Distinguished Nurse

Carolyn Clary-Macy

Three candidates have been selected for the Medical Center's prestigious Distinguished Nurse Award for 1991: Carolyn Clary-Macy, clinical nurse III in the Pre-SEP program; Diane Higashi, clinical nurse II in the Dermatology Clinic; and Hildy Schell, clinical nurse II in the Adult Intensive Care Unit. The winner will be announced at the Founders Day luncheon on March 21. (See page one for more information on Founders Day events.)

According to a brief summary issued by this year's Distinguished Nurse committee headed by Pam Minarik, Carolyn Clary-Macy was nominated for the integral part she has played in getting the Pre-surgical Evaluation Program (Pre-SEP) off to a running start and making it a continuing success. Her nominators mention her consistently fine patient and family care abilities, her value to the anesthesiologists who staff the clinic daily and her assistance in the development of a nursing/anesthesia record form now in use in the clinic.

Diane Higashi's nominators cited "outstanding clinical, organizational and creative abilities" which she demonstrated in the successful development of the UCSF Wound and Ulcer Clinic, especially her focus on patient education and preventive care.

Hildy Schell's nomination is based on "her clinical expertise, compassion and leadership," and for the development of an innovative project to encourage critical thinking along the lines of cost containment. The project includes a monthly "Guesstimate" competition in which staff members guess the value of various items in the unit, as a means of establishing some kind of awareness of costs. (Reportedly the average estimate comes in at 80% lower than the actual cost.)

Nominations for the Distinguished Nurse Award are solicited from throughout the Medical Center each year in the fall. Eligible candidates include clinical nurses I through III and administrative nurses I. The winner of the 1990 Distinguished Nurse Award was ICU's Mary Reid, who led a group that planned and implemented a weekly support group for family members and friends of patients in the intensive care unit. The support group is facilitated by pairs of ICU nurses.

In This Issue

- **Founders Day Celebration begins March 20,** see page one.
- **Discussion on possible health care draft,** presented by several nursing groups, see page two.
- **Where do we stand with our campus-wide disaster plan?** See page one.
- **Big lineup of events for Women's History Month,** see page five.
- **Cool owl graphic,** see page four.

Dave Milward

Mount Zion Gothic

Mount Zion volunteers in the Grant Wood style, with a bronze loquat: (left to right) HIV social worker Clay Van Batenburg, Radiology's Phillip Purser, Facilities Planning's Rick Crane, Home Care's Cecile Wildin, Hospital Contracting's Todd Thoma and Materiel Management's Joe Gagne. Kneeling: infection control nurse Marion Richie. Not pictured is Letty Garbisch, another MZ helper. Following the planting, Mount Zion hosted a breakfast for all the tree planters, a group of about 30 or 40 people from around the neighborhood (including a Boy Scout troop).

Next time you pass by Mount Zion's historic Hellman Building facing Post Street west of Scott you'll notice a row of new trees embellishing the curb. These are "bronze loquats," an ornamental yellow flowering variety planted by a group of Mount Zion volunteers in conjunction with a major tree planting in the neighborhood a couple of Saturdays ago.

The event was sponsored by the Friends of the Urban Forest, a group that has organized the planting of some 10,000 trees in San Francisco over the past decade. In the course of a morning, a gathering of people from around the Mount Zion neighborhood, including eight people from the hospital, planted about 30 trees up and down the blocks.

Although the cost of the trees is donated by the participants, the Friends of the Urban Forest makes the whole process very easy, says Rick Crane, Mount Zion construction coordinator. They provide a low-cost source for the trees, assistance in making a selection and plenty of expert help when it comes to the planting. Mount Zion's selection of the five bronze loquats was based not only on the beauty of the red, yellow and green color combination of the bark, flowers and leaves, but also for the fact that this particular variety, according to the Friends of the Urban Forest, is quite drought resistant.

Rick says he expects the tree planting activity around Mount Zion to continue in the future, one good reason being the fact that the soil around the hospital is the loose, loamy, sandy variety—"just the kind trees like."

UCSF Medsounds

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New ICN Named In Honor of Neonatologist William Tooley

A fine surprise that came out of the February 11 opening ceremonies for the new Intensive Care Nursery on 15 Moffitt was the dedication of the unit to William Tooley, the "Father of Modern Neonatology" at UCSF. Following a tribute to Dr. Tooley's "tremendous contributions to the field of neonatology and the creation of our ICN program here," current neonatology chief Rod Phibbs announced that the new ICN had been christened the "William H. Tooley Neonatal Intensive Care Unit."

The ICN opening, which coincided with Tooley's retirement celebration, drew a massive crowd from all quarters, including a major showing of present and past ICN head nurses: Jill Sullivan (current), Helen Archer-Duste (prior to Jill), Barbara Bagshaw (mid '70s), Twyla Weinberg (early '70s), Teresa Poirier ('60s), and even Emma Francis, who graduated in 1930 from our original nursing school on the corner of 3rd and Parnassus and proceeded to work at UCSF, mostly in the nursery, for nearly 35 years.

The opening celebration marked the completion of the north wing of the new ICN, which wound up the second phase of the project (the west wing opened last fall). When the final phase is completed this summer, the unit will comprise three wings—Moffitt North, East and West—for a total of 44 special care and intensive care beds.

The nursing staff has played a big role in planning the new unit, head nurse Jill Sullivan told the crowd during the ceremony, including the fact that in the north wing the original plans called for the storage and office areas to occupy the view side of the building. The nursing representatives in the planning group quickly saw to it that the plans were revised to place the patient care areas on the view side.

Jill mentioned the well-equipped nurses lounge as one of the significant aspects of the new north wing. The room, which is furnished with dishwasher, refrigerator, coffeemaker, cappucino machine, popcorn machine, etc., was a gift made in the memory of ICN patient Lowell Davin Klein from his parents.

Randolph Falk

Man of the hour Bill Tooley (left) with Emma Francis, a 33-year veteran of the UCSF nursing staff who found the occasion worthy of her return; and current neonatology chief Rod Phibbs.

"They never taught us about construction in nursing school," said ICN head nurse Jill Sullivan (below left), reflecting on the challenges faced by her unit over the past couple of years. She kicked in just fine, though, according to project manager Cindy Lima from Facilities Planning (right). During the ceremonies, she presented Jill with a souvenir hard hat, painted mauve to match the walls of the new unit.

Randolph Falk

Maggie Bryan Off to Shriners

It was significant that the opening of the new ICN coincided with Medical Center assistant director Maggie Bryan's last few days at UCSF before departing for a new position as director at the Shriners Hospital in San Francisco.

The new ICN is a finishing phase to the Mount Zion/UCSF Joint Perinatal Program that Maggie played such a big part in planning and implementing over the past several years. It is an accomplishment for which "she feels extraordinarily proud," she says, not only personally, but for all the people who worked on bringing the perinatal programs of the two hospitals together.

To paraphrase Bill Kerr's memo to the campus, Maggie gave the Medical Center 17 years of dedication and accomplishment. In recent years, some of the programs she has fostered include the Birth Center, the Blood Donor Center and recent addition of an inhouse blood bank, a scoliosis/spine program in Orthopaedics, and the Pediatric Rehab Program opening soon at Mount Zion.

She has greatly mixed feelings about leaving the place she has spent her entire adult career, but thanks to the many and complex experiences here, she says she feels very well prepared for the step she is about to take. Her new job will involve the construction of a hospital within the not too distant future, since plans call for Shriners to relocate to Sacramento to become affiliated with UC Davis Medical Center. She starts her job at Shriners March 1.

Randolph Falk

Maggie, cutting the ribbon at the ICN opening.

"Sweet Success" Study: Pre-Pregnancy Diabetes Management Reduces Birth Defects

You may remember an article in *Medsounds* a couple of years ago about a program in our Diabetes Clinic called "Sweet Success."

Headed by obstetrician John Kitzmiller, Sweet Success was helping women with diabetes have healthy babies through an intensive pre-pregnancy/prenatal program of diabetes management.

Meanwhile, Dr. Kitzmiller and his colleagues have been following about 200 participants in Sweet Success, including one group of women who entered the program before they were pregnant and another who enrolled when they were already 6 to 30 weeks pregnant.

The results of the study show that entering the program before pregnancy made the big difference. Among the 84 women in the group who entered the program prior to conception, only one birth defect occurred. There were 12 major defects in babies of the 110 mothers in the post-conception group.

According to Kitzmiller, principal investigator in the study, the findings suggest that intensive management of diabetes prior to conception can reduce the frequency of major birth defects to the same rate as the non-diabetic population, which is about two percent.

"Women with diabetes are often told to avoid pregnancy because of the risk of birth defects and other complications," he said, "but our data show that education and management before conception are so effective at reducing these risks that prospective mothers can conceive without fear."

The study, which was reported in the February 13 issue of the *Journal of American Medical Association*, is the first US study to compare results of diabetic mothers who had their diseases well controlled before conceiving with those who did not begin a control program until they were already pregnant.

Co-investigators of the study include UCSF's Laurence A. Gavin; Lois Jovanovic-Peterson and William D. Zigrang of Children's Hospital of San Francisco; and Gary D. Zin and Elliott K. Main of UCSF and Children's.

Sweet Success, which is sponsored by the State Department of Health Services, is conducted in eight regional centers. The North Coast regional center, directed by Kitzmiller, is based at UCSF and Children's Hospital.

Review of First 17 Fetal Surgeries: No Increased Risk to Mothers' Lives

Open fetal surgery—in which the fetus is partially removed from the mother's uterus, undergoes a surgical procedure and then is returned to the womb—can be performed without increased risk to the mother's life or her ability to have future pregnancies, according to the UCSF team that pioneered the field of fetal intervention, obstetrician/geneticist Mitchell Golbus, pediatric surgeon Michael Harrison and diagnostic radiologist Roy Filly.

The team recently completed a study in which they reviewed the outcomes of the first 17 women to undergo open fetal surgery at UCSF. The results of the study are published in the February 13 issue of the *Journal of the American Medical Association.*

Co-authors include research fellow Michael Longaker, anesthesiologist Mark Rosen and health policy specialist Sophia Chang.

None of the women in the study died or suffered serious, lasting complications, the team members report in JAMA, and there was no evidence that the procedure compromises the mother's future fertility. Seven women have had subsequent successful pregnancies, and one is currently pregnant.

The "limiting factor" in human fetal surgery, they report, is premature labor, which occurred in all women who underwent open fetal surgery and necessitated pre-term delivery.

Between 1981 and 1989, 300 women were referred to the Fetal Treatment Program at UCSF, which is the only medical center in the world performing open fetal surgery. Of the 300, only 17 met the "continually evolving criteria for fetal surgery."

Surgery was performed to correct one of four life-threatening fetal defects: seven cases to correct a severe blockage in the urinary tract; eight cases to correct a condition in which the stomach and intestines push through the chest cavity; one case of a tumor on the tailbone and one case of a tumor in the lung.

The team reports that 14 of the procedures were "technically successful," resulting in a live fetus after surgery. Although continuing research and clinical experience are producing better patient outcomes, the study concludes that "now is the appropriate time in the development of fetal therapies, before they become accepted, to rigorously examine their efficacy, safety and cost effectiveness compared to conventional treatment."